



## **KBA Middle School Volleyball League Rules**

- 6 players on the floor at any one time - 3 in the front row and 3 in the back row
- Maximum of 3 hits per side
- Points are made on every serve for winning team of rally (rally-point scoring).
- Player may not hit the ball twice in succession. (A block is not considered a hit.)
- Ball may be played off the net during a volley and on a serve.
- A ball hitting a boundary line is in.
- A ball is out if it hits an antenna, the floor completely outside the court, any of the net or cables outside the antennae, the referee stands or pole, the ceiling above a non-playable area.
- It is legal to contact the ball with any part of a player's body.
- It is illegal to catch, hold or throw the ball.
- A player cannot block or attack a serve from on or inside the 10-foot line.
- After the serve, players may switch positions.
- Servers can serve at free throw line if they are in a grade younger than 8<sup>th</sup>, an 8<sup>th</sup> grade player must serve from behind the service line.
- Back row players cannot attack the ball front row. If they attack, they have to perform the jump behind the attack line (10 feet line).
- If the ball touches the goals it will be considered out of bounds.
- A player may not touch the net at any point during a play.
- A player is allowed one drop ball per serving rotation.
- All jewelry must be taken off before the game begins. If a player is asked to remove jewelry
- Teams may play a full game with 5 players if that is all that shows up but if they have 4 or less it will be a forfeit.
- Substitution- players may automatically come out after leaving position 2 or 5 and rotate back in before going to position 1 or 4. Also, a substitute player may enter the game in place of another player, and he/she can only be substituted by the same player.
- Matches are made up of sets; Matches are best of three to 21 points and a third set to 15. Each set must be won by two points, cap of 25 in first two sets, cap of 18 in third set. The winner is the first team to win 2 sets.